



Fee Schedule

- All prices are for individuals.

Intake/first appointment \$294 (50-60 minutes on average)
\$216 (discounted cash rate)

Follow-up appointments \$270/hour (50-60 minutes)
\$190/hour (discounted cash rate)

PACKAGES:

4-session package*	\$685 (\$171/session 10% off)
6-session package*	\$999 (\$166/session 12.5% off)
12-session package*	\$1939 (\$161/session 15% off)
24-session package*	\$3740 (\$155/session 18% off)

All fees for packages are to be paid in full at the time of purchase. Initial appointments are not included in packages. Packages to be used within a year of purchase.

Lab analysis (prorated in 15 min increments) \$175/hour

Late Cancellation/No-Show Fee** \$175

Cooking Services \$55/hour plus food

Private Grocery Store Tour (3 people max)
(with masters student) \$95/hour

Grocery tour/ pantry overhaul /cooking trio package \$249 for one person, plus food
(personalized, private cooking class) \$275 for two people (one pantry only)

** Please see [late cancellation/no-show policy on website](#) and in our questionnaires.

01.01.2020