

Eating Disorder and Body Image Specialist - Registered Dietitian Nutritionist (RD / RDN) or Certified Nutritionist (CN)

Starkel Nutrition (SN), a private practice nutritional and mental health counseling clinic located in the University District of Seattle (as well as telehealth), is looking for a skilled and passionate individual to join our team to grow toward full-time. Our nutritionists work with a wide variety of medical and health issues, from autoimmune disease and gastrointestinal disorders to general wellness and optimal health, and we are looking to expand our eating disorder specialty offering. We also share space and work collaboratively with a naturopathic clinic with NDs practicing Health at Every Size (HAES) and functional medicine.

We are seeking a master-level Registered Dietitian Nutritionist (RDN) or a Certified Nutritionist (CN in the state of Washington), with experience in treating eating disorders to become a member of our team of practitioners. In addition, an LMHC license would strengthen your application. ***Specifically we are looking for someone whose experience includes loss-of-control eating disorders, including experience working with all bodies and all ages.*** We are lucky to have a nutritionist who works with restrictive eating disorders with whom you would collaborate and work closely together to provide a rounded experience for our clients. Our eating disorder colleagues are integral to our clinic, and we find that having this service within a general nutrition clinic helps us serve all our clients more effectively and appropriately.

Our clinic has nutritionists who value a warm, compassionate, and friendly environment. When not working remotely, we are located in a wonderful, supportive building dedicated to health practitioners and other small businesses, and also see clients via telehealth. We enjoy working together and enjoy each other's company. We embody our strong core values and hire to these as well. Because we value these so much, we encourage you to visit our website and read more about them on our careers page.

Core Values

- Outstanding Quality of Care
- Inspiring
- Boundless Growth
- Mindful Communication
- Connected

About the position

Responsibilities:

- Provide outpatient nutrition counseling and therapy to individuals struggling with eating disorders, disordered eating, body dysmorphia, and exercise addiction
 - Create clear and manageable patient plans as appropriate
 - Maintain clinical documentation for client and insurance purposes
 - Schedule client appointment follow ups
- Counsel in other specialty areas of nutrition (GI health, adrenal health, thyroid, etc.)
- Create support groups, programs or other ways to reach clients

- Collaborate with parents/caregivers and other practitioners as part of client treatment team
- Be educated and familiar using nutritional supplements to promote health and bring clients back into balance
- Build your practice with networking efforts
 - Networking with others in the ED and other health communities
 - Participate in local professional organizations
 - Write/speak when the opportunities arise
- Contribute to the clinic's marketing efforts monthly
 - Monthly blogs
 - Supplement reviews for team meetings
 - Periodic website content
 - Contribute patient and practitioner information to our internal files
- Attend weekly staff meetings, bi-weekly ED case review meetings and others as they arise
- Maintain credentials and continuing education while staying current within your area of practice

Clinic:

The SN clinic has a full administrative team, 8 practitioners, a nutritional supplement dispensary, and comfortable offices (if needed during Covid-19). We are a fun bunch and enjoy each other's company. The clinic will introduce you and promote you within our network of referrers, and start your practice growth process. The position does not immediately start full-time because you and the clinic will need to work toward building a full practice. This comes from the joint efforts of the clinic and your own networking and client retention. The clinic handles all scheduling, bookkeeping, offices, charting software, insurance and out-of-pocket billing, client contact, etc.

Requirements:

- Must be a registered dietitian nutritionist (RDN) or certified nutritionist (CN) in the state of WA
- A licensed therapist (LMHC) or associate therapist in the state of Washington or have continuing education in counseling will benefit your application
- At least two (2) years work experience in nutritional counseling
- Experience working with individuals with eating disorders in private practice, in a treatment program or through a dietetic internship
- Ideally be credentialed with the major insurance companies
- Live, behave and talk in a way that supports a non-diet, non-weight biased relationship with food and body
- Have an understanding or knowledge in Health at Every Size (HAES) and Intuitive Eating
- Have completed or be willing to complete trainings in suicide assessment and prevention
- Strong work ethic, empathetic, collaborative, and committed to learning
- Willingness to recognize unconscious bias and strive for inclusivity

Hours:

- You may schedule your hours as are convenient for both you and your clients with telehealth appointments (currently due to COVID) although office space is available when suitable
- Once back in the office, office hours are flexible but dependent on office availability. The schedule is coordinated through the admin team with all practitioners (office is open 7 days/week - no admin coverage on Saturday or Sunday)
- Full time is considered 22 or more clients/week (appointments, charting, coordination of care) plus clinic contribution work (approx 5 hour/week)

Compensation:

- Employee status
- Competitive progressive pay structure based on experience and client hours
- Once at full-time, health and dental insurance partial premiums, paid vacation & holidays
- Clinic requests a 3-year commitment

Starkel Nutrition recognizes that the world of dietetics is heavily populated by thin, cis, white woman. We admit to unconscious biases that influence our interactions and decisions, and are actively working on this.

Interested candidates should send a resume and a cover letter addressing interest in working for Starkel Nutrition and why you would be a good fit for our team to hire@starkelnutrition.com.